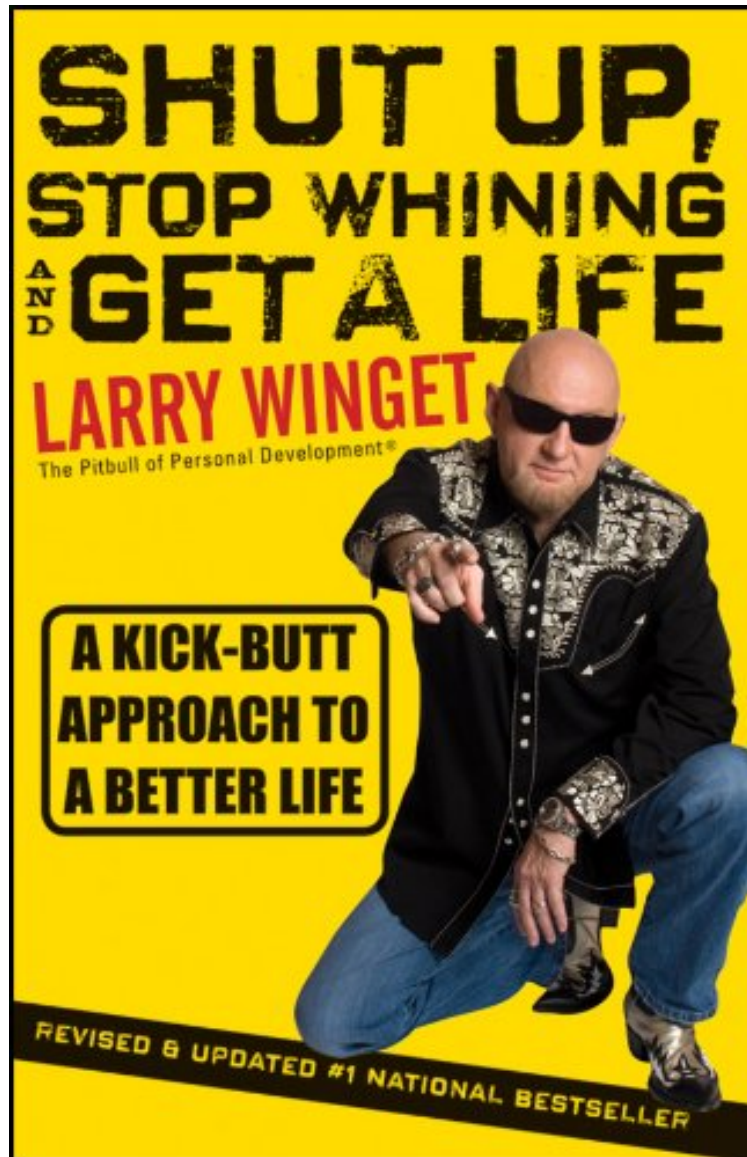


[Ebook pdf] Shut Up, Stop Whining, and Get a Life: A Kick-Butt Approach to a Better Life

Shut Up, Stop Whining, and Get a Life: A Kick-Butt Approach to a Better Life

Larry Winget

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Larry Winget : Shut Up, Stop Whining, and Get a Life: A Kick-Butt Approach to a Better Life before purchasing it in order to gauge whether or not it would be worth my time, and all praised Shut Up, Stop Whining, and Get a Life: A Kick-Butt Approach to a Better Life:

2 of 2 people found the following review helpful. Kick-Butt is right!By RyanI'll admit it, I'm drawn to the Personal Development genre. I've read a lot of books. This one is different than most. Does it cover some of the same material

as other PD books, sure! As Larry himself put it "There are no new ideas" and he's right. The difference lies in how Larry presents these ideas. He does not sugar coat anything. His blunt, do it or don't mentality is refreshing. The theme that really struck a chord with me, and is hammered home in each chapter is personal responsibility. No life coach, guru, universal mind, or book (including this one) is going to motivate you, move you, or change you. That is up to you! While we don't have to agree with all his methods/advice (He even addresses this by advising to you always be learning and seeking other information rather than just accepting other people's word, including his.) if you implement even a few of the ideas contained in this book, and do the WORK, you'll be better off than you were!

8 of 8 people found the following review helpful. Excellent kick in the pants accountability

By livingupnorth This book is excellent. I am a middle-aged, hard working blue collar stiff. Winget's words have re-affirmed for me that I have done ok because I have for the most part taken a similar philosophy and approach in how I have lived my life. I bought the book for my adult kids who have not taken responsibility and accountability for how they choose to live their lives. I am tired of the entitlement attitude, and tired of being used personally and financially because I am "rich" and they are so hard done by. So I bought the book, read it, and passed it on to the kids. My response to the freeloading hand coming out now is "Read Winget's book and do what he says". Winget has given me the freedom to say "no" without guilt to my kids (and the guilt card has been played heavily on me over the years), while allowing me to give them the tool they need to get on with becoming responsible adults.

2 of 2 people found the following review helpful. Probably the best self help book I've ever read.

By GoClick I like reading self help and motivation books and after years of badgering from a family member read this one. It's now one of my favorites, and possibly the best I've read yet. Don't expect a whole lot of secret wisdom beyond what's in the title though.

Shut Up, Stop Whining, and Get a Life was immediately hailed as "not your average self-help book" and demanded attention and praise right out of the gate. It is now considered one of the icons of the personal development movement. Now, Larry Winget is back with his signature caustic, no-nonsense, hilarious style, which earned him the titles "Pitbull of Personal Developmentreg;" and "World's Only Irritational Speakerreg;." Winget's "get off your butt and go to work" approach to self-improvement boils success down to a simple formula: Everything in your life gets better when you get better. Get tangible advice from one of the world's most successful speakers and the author of five bestselling books and television personality. Learn the keys to turning your life, money and business around. Stop making excuses, stop blaming others and take responsibility for your life and your results

The brutal advice he offers has changed the lives of millions of people and increased sales for countless businesses. In this Second Edition of Shut Up, Stop Whining, and Get a Life, Winget takes the same principles and expands the lessons with brand new examples, stories, and added wisdom. It may sound ruthless, but your life is your own fault and if you shut up, stop whining, and take action you can create a better life.

Inspirational and to the point, this book is a 10 out of 10 (Spirit Destiny, July 2011).

From the Back Cover This book won't make you feel better about yourself. And that's a good thing. If you're hoping to change your life with a bunch of feel-good mantras, then this book isn't for you. But if you're ready to get off your butt and really change your life, then Larry Winget is your man. Winget's tough-love approach boils success down to a simple formula: your life is your own damn fault, and if you shut up, stop whining, and take action, your life will get better. Shut Up, Stop Whining, and Get a Life gives you the keys to turning your life, money, and business around. Larry's brutal advice has changed the lives of millions of people around the world. This Second Edition expands the previous lessons with brand-new examples, stories, and added wisdom, and his humorous approach is funnier than ever! "If you're ready to stop your whining, strap on your belt, and get to work, then this is the book for you. Larry wants to see you succeed, and he's not afraid to rub some reality in your face to help you do it!"

—Jim Bouchard, author of Think Like a Black Belt "I love Larry's dish on life: a healthy approach to setting you straight!"

—Marzia Prince, professional fitness model "Filled with straight talk and straight answers, Larry's honest approach is a brutally refreshing retreat from all of the esoteric blather that the so-called gurus preach."

—Tommy Zarzecki, Publisher, PlanetZMan.com

About the Author LARRY WINGET, also known as "The Pitbull of Personal Developmentreg;," is a television personality and one of the top speaking professionals in the country today. He is the author of five bestselling books with in-your-face titles like It's Called Work for a Reason!; You're Broke Because You Want to Be; People Are Idiots and I Can Prove It!; and Your Kids Are Your Own Fault. Larry teaches universal principles that work for anyone, in any business, at any time, and does it through simple examples and actionable ideas. For more information, please visit www.larrywinget.com.