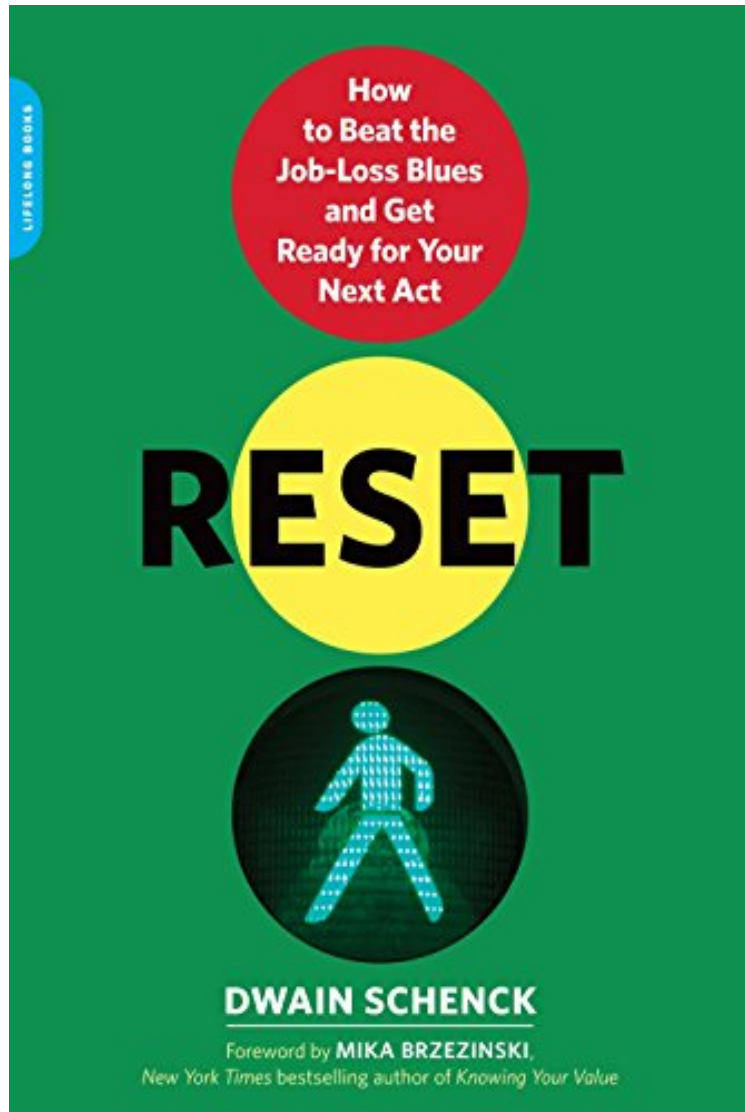


(Read ebook) Reset: How to Beat the Job-Loss Blues and Get Ready for Your Next Act

## Reset: How to Beat the Job-Loss Blues and Get Ready for Your Next Act

Dwain Schenck

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**Dwain Schenck : Reset: How to Beat the Job-Loss Blues and Get Ready for Your Next Act** before purchasing it in order to gage whether or not it would be worth my time, and all praised Reset: How to Beat the Job-Loss Blues and Get Ready for Your Next Act:

3 of 3 people found the following review helpful. This Is What I'm Going Through!By northwingsThis book describes the experience and emotion of long-term unemployment for a mid- to upper-level manager. I am two years out of my position as a vice-president at a media company and have experienced everything the author has. His description of the experience, the emotions, the effect on family, the self-loathing and low self esteem -- SPOT ON! The advice he

provides is accurate and useful, but if this is the state you're in, be prepared to look in the mirror and not be happy with what you see. This isn't a book that's going to cheer you up. He tells you the way life really is these days ... and that's not always happy.0 of 0 people found the following review helpful. Enlightening and entertainingBy A. KleinAn excellent read, I highly recommend Reset to anyone who has ever worked for a corporation, a non-profit, the government or owned their own business. That is basically everyone will find this book enlightening and entertaining. The book is a good combination of humor, raw honesty, anecdotes and advice on how to handle a turning point in your career. If you are in transition, Reset could surely give you a leg up and help you keep your head on straight. But even if yoursquo;ve never been laid off and are working now, this book is worth adding to your library. Reading about the authorrsquo;s experiences, mixed in with counsel from corporate leaders and wisdom from career experts, is a fascinating and a valuable exercise.0 of 0 people found the following review helpful. Great Perspective and Insightful Advice for Millions Caught in Today's Tectonic Career CrisisBy J. BabcockDwain Schenck's saga - like those of the numerous others whose experiences he highlights - illuminates the savagery of the job market over the past half decade in a style that is witty, wry, and irreverently honest and real. His ability to cut to the core of the issues millions like him are facing today in an unprecedented career cataclysm is balanced with valuable advice and helpful strategies for wresting control from despair and depression and focusing not on what's lost but in reinventing oneself, personally and professionally for now and the future. Highly recommended.

Welcome to the new world of jobnbsp;insecurity.nbsp;Layoff. If you haven't experienced one, you know someone who has. Dwain Schenck speaks with authority; not only has he seen energetic, talented, and accomplished friends undergo the stress of job loss, but he, too, has felt the sting of being "let go."Resetnbsp;is the uncompromising portrait of Schenck's journey: a successful journalist and communications professional who joins the ranks of the unemployed during the most dismal job market in modern history, his initial reactions of denial and depression sabotage his morale and motivation. Then, with the assistance of friends, wisdom from experts, and good old-fashioned creativity and tenacity, Schenck turns his attitude around. The hard-won, valuable advice and techniques in these pages can work for anyone concerned about job loss or keeping a job.nbsp;Resetnbsp;can position you to get back on your feet, often landing in a better place. Schenck covers a wide variety of topics with a humorous, light touch that balances the serious subjects within, which include:

Roanoke Daily Herald, 1/16/2014“Definitely, this is a book for job-seekers but there's plenty here for upper management, CEOs and anyone along the job spectrum who knows that, well, you never know. If that's you, then Reset is a book to hit.rdquo;