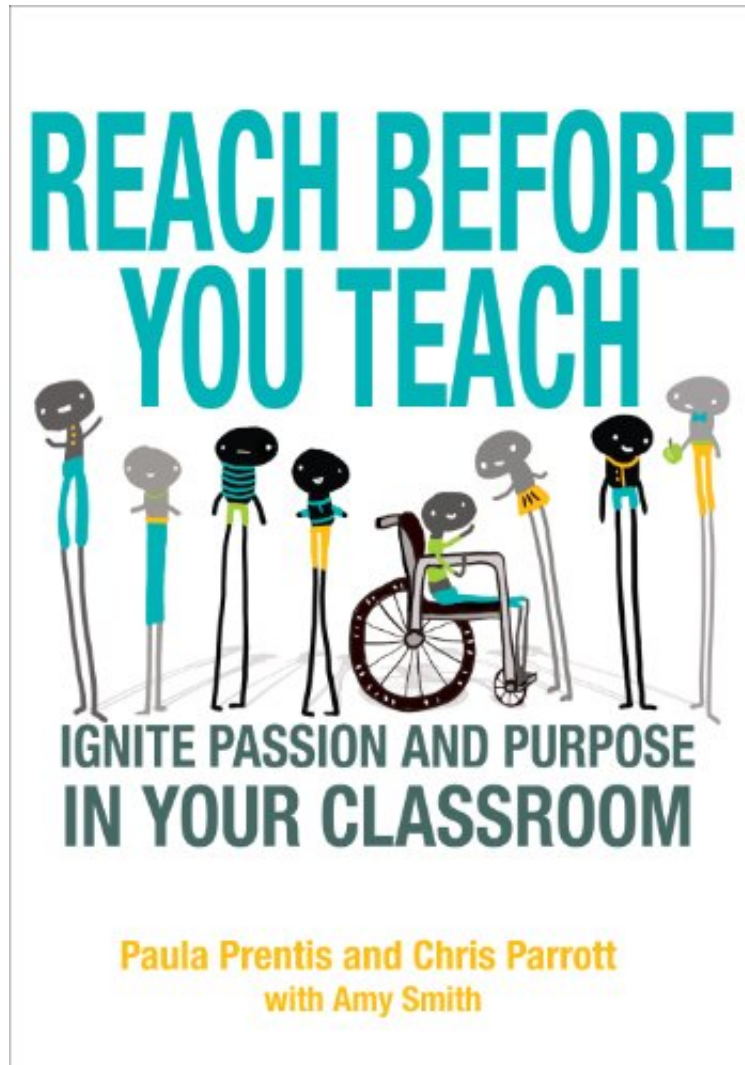


Reach Before You Teach: Ignite Passion and Purpose in Your Classroom

Paula P. Prentis, Christine K. Parrott, Amy K. Smith

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Paula P. Prentis, Christine K. Parrott, Amy K. Smith : Reach Before You Teach: Ignite Passion and Purpose in Your Classroom before purchasing it in order to gauge whether or not it would be worth my time, and all praised Reach Before You Teach: Ignite Passion and Purpose in Your Classroom:

Direct connection with students' unique identities is the key to teaching them. Every student possesses a distinct combination of strengths and insecurities that will not respond to a one-size-fits-all teaching method. Reach Before You Teach shows educators how to form the nurturing, individualized connections that make students feel

worthy, fulfilled, and ready to flourish as learners. The book details: Practical, empowering information about how a sense of self comes to be, and what threatens it. Interventions that soften the myriad defenses students develop to protect themselves. How to address the often-overlooked connections between physical, social, and emotional health and classroom performance.

"This book is filled with useful material that will help educators better relate to their students and empower them to reach their full potential." (Steve Reifman, National Board Certified Teacher)"This book is a must for all educators wanting to help students understand their emotional 'Self' and its impact on their academic and future success." (Diane P. Smith, School Counselor Grades 7-12)"With the growing focus on mental health issues in our communities today this book is a much needed publication and very timely. Thanks to the mental health professionals who worked to make this easily applicable to the school environment and to give school professionals guidance in how to structure our schools so that students develop a strong sense of self." (Dr. Janice Wyatt-Ross, Assistant Principal)"This book is a must-read for all who want to encourage self-awareness and self-reflection during classroom instruction and help students feel more connected, curious and confident! Students no doubt will achieve emotionally and academically with help from some strategies in this book." (Dr. Ann Marie Dargon, Assistant Superintendent of Schools)"In our present education system that seems to be caught up with numbers and standardization, Prentis's book is a welcomed read. Education will never improve if we don't make the social-emotional skills of children our first priority." (Peter DeWitt, Ed.D., Principal and Corwin Author) "This book is filled with useful material that will help educators better relate to their students and empower them to reach their full potential." (Steve Reifman, National Board Certified Teacher)"This book is a must for all educators wanting to help students understand their emotional prime; Self prime; and its impact on their academic and future success." (Diane P. Smith, School Counselor Grades 7-12)"With the growing focus on mental health issues in our communities today this book is a much needed publication and very timely. Thanks to the mental health professionals who worked to make this easily applicable to the school environment and to give school professionals guidance in how to structure our schools so that students develop a strong sense of self." (Dr. Janice Wyatt-Ross, Assistant Principal)"This book is a must-read for all who want to encourage self-awareness and self-reflection during classroom instruction and help students feel more connected, curious and confident! Students no doubt will achieve emotionally and academically with help from some strategies in this book." (Dr. Ann Marie Dargon, Assistant Superintendent of Schools)"In our present education system that seems to be caught up with numbers and standardization, Prentis's book is a welcomed read. Education will never improve if we don't make the social-emotional skills of children our first priority." (Peter DeWitt, Ed.D., Principal and Corwin Author)About the AuthorPaula Prentis was a conflict resolution counselor and a rape crisis counselor in New York City before earning her master's degree in social work (MSW) at New York University. Later, she continued training at Westchester Institute for Psychoanalysis and Psychotherapy and worked in private practice. Prentis is certified in past life regression therapy and continues her professional interests through workshops, lectures, and conferences in neuroscience and the mind/body connection. In addition, with Chris Parrott, Prentis is the coauthor of the Your Self Series of books and website. Your Self Series is a curriculum that facilitates teen identity development and is taught as part of an advisory class, a health class, or an after-school program. Prentis and Parrott lecture nationwide on issues pertaining to teens and mental health in schools. They continually update and populate the Your Self Series website with relevant teen information and lesson plans for educators. They have three other products that all aim to influence children to be the best they can be while combating obesity and improving overall health and well-being: YourChatMat.com; YourStacs; and HealthyStacs. Chris Parrott earned her bachelor's degree with a psychology major at Dartmouth and went on to study counseling psychology at the City University in London, England, where she earned both her master's and postmaster's degrees, and the distinguished title of the British Psychological Society (BPS) Chartered Counseling Psychologist. She also has a diploma in hypnosis from London University. Parrott has published various articles in Counseling Quarterly and chapters in psychology training books, and she has coauthored a book titled Doing Therapy Briefly. Parrott was also a media consultant on behalf of the BPS and has been quoted in The Times, The Look, and The Daily Express. Amy Smith was a high school English teacher for over 15 years in the states of Texas, California, and New Jersey, which gave her a diverse experience within the educational sector and a broad spectrum of teacher contacts. Working as an English teacher and, later, as a media specialist for another 15 years, Smith's primary focus was always on the individual spirit of each student who passed through her doors--or walked onto her court: She acted as a tennis coach for several years alongside her teaching. Indeed, her passion for her students led her to numerous conventions and professional development seminars over the years where she expanded both her knowledge and contacts. Now retired, Smith enjoys time with her partner, two daughters, and grandson while continuing to look for opportunities to positively affect teen education.