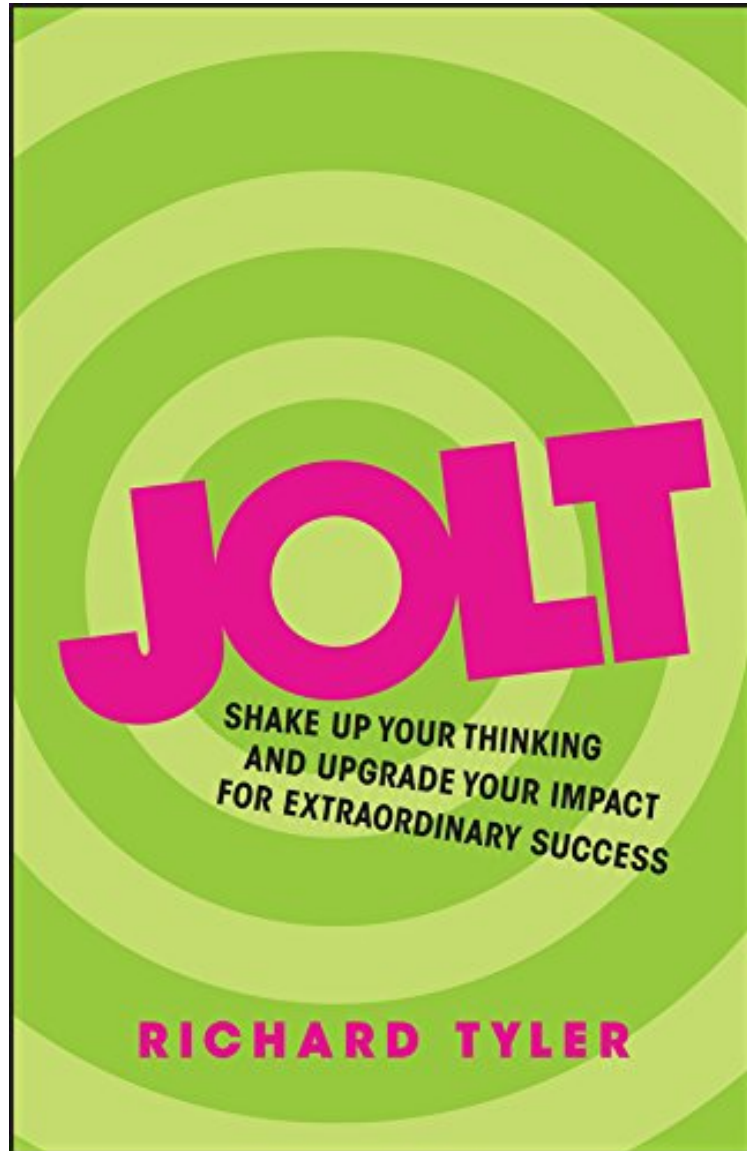


(Free and download) Jolt: Shake Up Your Thinking and Upgrade Your Impact for Extraordinary Success

# **Jolt: Shake Up Your Thinking and Upgrade Your Impact for Extraordinary Success**

*Richard Tyler*

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**Richard Tyler : Jolt: Shake Up Your Thinking and Upgrade Your Impact for Extraordinary Success** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Jolt: Shake Up Your Thinking and Upgrade Your Impact for Extraordinary Success:

0 of 0 people found the following review helpful. Great practical guide that stimulates creativity and action!By Mike LejeuneThis is a must read for anyone who faces obstacles at work or home that need to be broken through. No matter

the professional, avocation or life calling these words, if put into practice will push you forward in amazing ways. It's easy to read, easy to apply practical suggestions on removing barriers attempting to hold you back from who you are intended to be. Thanks for the insight and encouragement.

Jolt! Provides the burst of fresh thinking needed to upgrade yourself from ordinary to extraordinary. Are your habits and limiting beliefs holding you back in your professional and personal life? Are you stuck stagnating in your comfort zone? What you need is a jolt. Organizations are no longer looking for people who turn up and do a good job; they are looking for the extraordinary. So it's time to get motivated, be positive and make exceptional things happen. Jolt will help you recognize that in many situations it's not a lack of skill that's holding you back but your own limiting beliefs and habitual thinking. Deep within all of us lies an inner spark to be unleashed, if only we can find the way to shape our thinking, carve out the right action, and rock the world. Jolt will show you how to:

- Shake up your thinking, embrace the new and unleash the extraordinary version of yourself
- Help make a sustainable gear change
- Recognize the habits and limiting beliefs holding you back
- Test out new ways of thinking and doing things

Jolt dares you to have courage, take risks and push yourself and your business to be extraordinary. It's a book you will return to again and again" (HR magazine, August 2015) "Richard Tyler is here to Jolt you out of your complacency, and in doing so, you will likely see your on-the-job performance enhanced" (Entrepreneur Middle East, October 2015) From the Back Cover UNLEASH THE EXTRAORDINARY Good is no longer good enough if you want to get ahead. To stand out from the crowd in business and in life, you need to shake things up. You need a Jolt! DISRUPT YOUR THINKING. TRANSFORM YOUR PERFORMANCE. Expert behavioural psychologist and West End performing artist Richard Tyler will open your eyes to what is possible, so you can build on your existing talents and get noticed. You'll discover how to: Get ahead in your industry, to revolutionize and lead it Understand your audience and how to impact and influence them Identify your skills and create daily success habits around them Eliminate limiting beliefs and always deliver at your performing edge Leave a legacy of innovation and change that increases results Break out of your existing thinking and upgrade your performance. Get ready to be challenged, nudged, tickled, provoked and jolted into action! 'A cognitive Jolt to transform your business and your life.' — Dave Coplin, Chief Envisioning Officer, Microsoft UK 'At Innocent, we look to disrupt the norms and lead the way. For this to happen, we have to Jolt!' — Richard Reed, co-founder, Innocent