

(Read now) Intentional Parenting: How to Get Results for Both You and Your Kids

# Intentional Parenting: How to Get Results for Both You and Your Kids

Yvonne Sum

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# INTENTIONAL PARENTING


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results for both

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**Yvonne Sum : Intentional Parenting: How to Get Results for Both You and Your Kids** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Intentional Parenting: How to Get Results for Both You and Your Kids:

1 of 1 people found the following review helpful. Powerful life and parenting book!By Luciano PezzottaIf you are looking for a parenting book which goes beyond "nappies management", Intentional Parenting by Dr. Sum is a must

read. In fact, the book not only provides tons of practical examples on how to manage critical parenting situations (i.e. conflicts), but provides an inspiring approach to ensure a long term healthy family lifestyle and strong alignment between parent expectations and childrens' needs. Each chapter comes with practical charters that help you translate into action the suggestions provided. Strongly recommended!

0 of 0 people found the following review helpful. Parents as leaders  
By AvidReader  
What a refreshing take on parenting. This book describes a collaborative style of parent leadership for families where everyone contributes and takes responsibility for their part. I felt relief that I didn't need to know it all, do it all, or have all the answers for my children. This book provides you the opportunity to think and reflect about what type of family culture you'd like to create and then it offers the 7 Rs process to actively go about doing it. It's a nice touch getting to know Yvonne Sum's family and how they navigate their way.

0 of 1 people found the following review helpful. Intentional Parenting  
By CustomerRight  
Right from the off, this parenting book captures your imagination. Dr. Sum discusses the concept of learning from tribes and the first tribe is of course the family. I love the idea of families being tribes. Dr. Sum says of her own family, 'this tribe needed leadership - and I was the one to provide it.' Her honest account of her personal parental experiences hook the reader in an instant and her humility shines through on every page. As a parent Dr. Sum gives you clear-cut examples of where she felt she was going off track and how she got herself and her own 'tribe' back on track. She quickly introduces the seven "R s" of parenting, and describes them as the seven foundation stones of successful parenting and from here we see the magic happen. Unlike many other parenting books this is a must read for all!

Vivien Sabel Author of the award-winning The Blossom Method(tm)- The Revolutionary Way To Communicate With Your Baby From Birth

A fresh approach to parenting that will get results for you and your kids. Everyone belongs to a tribe. It is not just the football club or the mothers' group, in a world powered by the instant accessibility of the internet there are many different tribes catering for every aspect of your life. Navigating those tribes is a tricky business. It takes leadership, and the first tribe we learn this from is our family. Parenting can be hard - especially if you may have been finding it challenging to 'read the book' that is your child. It takes intention, attention and action ....planning, persistence, and practice, practice, practice. So, what does it mean for YOU to be a parent? What is your intention as a parent? How will you fulfill this? What do you commit to do? What is your first step? Taking a good look at her own family Yvonne Sum identified seven foundation stones of successful parenting, the 7R's of parenting. Each one is fully explored and explained in Intentional Parenting, and together they are the basis of leading your family tribe. The 7R's are all lessons that are equally applicable in business. But, unlike a leader in a giant corporation, you cannot sack your family and, unlike many businesses today, you are highly invested in their future success. Together that is the carrot and the stick of investing time in developing your leadership role for the benefit of the family. Intentional parenting is a journey that begins with your conscious decision to become a leader and a PLAYPAL to your family. I simply love the perspectives learnt from my children and those I meet on my parenting journey, and what I pass on along the way. Dr Yvonne Sum

About the Author  
Dr. Yvonne Sum has achieved her expertise through training and experience as a medical professional, RAAF officer, executive coach, leadership facilitator, professional speaker, business partner, and mother.