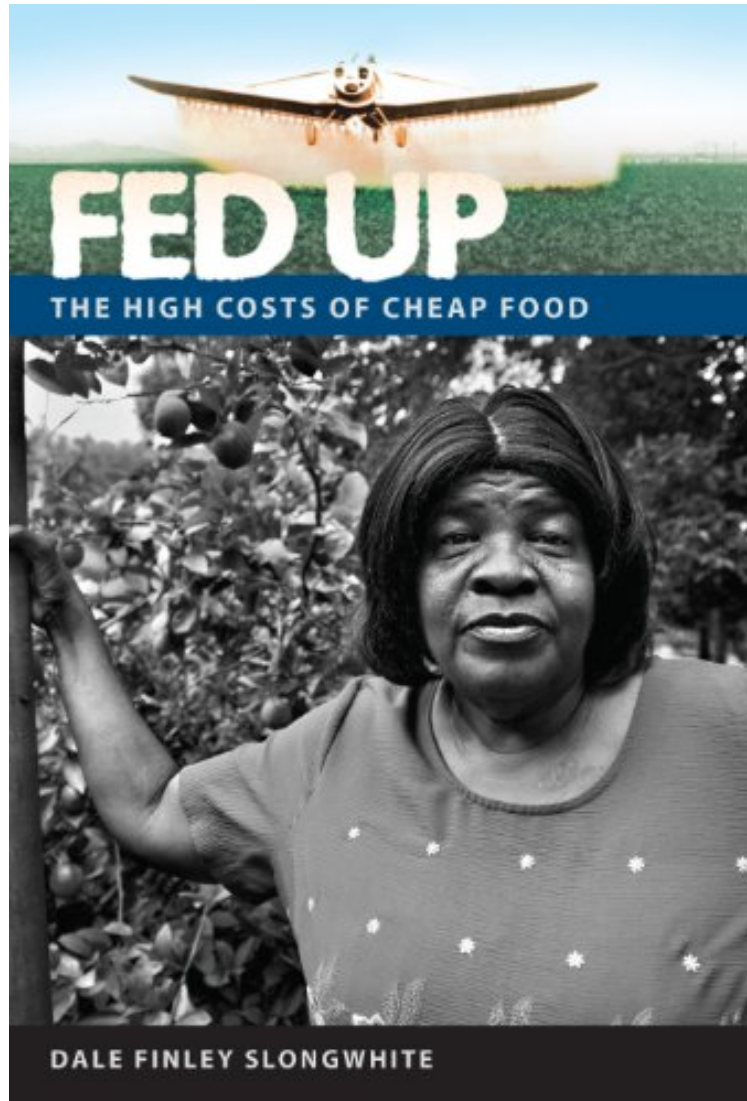


(Download) Fed Up: The High Costs of Cheap Food

Fed Up: The High Costs of Cheap Food

Dale Finley Slongwhite

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Dale Finley Slongwhite : Fed Up: The High Costs of Cheap Food before purchasing it in order to gage whether or not it would be worth my time, and all praised Fed Up: The High Costs of Cheap Food:

4 of 4 people found the following review helpful. Must read!By susannaThis is an amazing book. For me worrying about the calories in food, cost of food and visiting Disney the home of ' making dreams come true', I had my eyes opened to the actual human cost of producing food in Disney's back yard. This book details the tragic lives of generations of the people of Lake Apopka, working in terrible conditions, and eventually suffering the consequences of the pesticides exposure. Not simply uncovering the statistics of these people, Slongwhite's interviews of these beautiful and noble people is heartwrenching. The book is very well written and the photographs are wonderful. With

graduations coming I am planning to buy "Fed Up" as graduation gifts for my high school and college graduates. I know they will be as touched and inspired as I am. 3 of 3 people found the following review helpful. This book is a highly readable and moving wake up ...By robertgb This book is a highly readable and moving wake up call to human and environmental costs of our food that are not included in market prices. These are the costs paid by the farmworkers themselves, the injustice and heartlessness of the health costs and abuses they suffer. The stories of individual flesh and blood human beings interviewed personally by Dale Slongwhite are proof of the pudding. Hopefully they will inspire corrective action on many levels, in the name of justice and environmental preservation. 0 of 0 people found the following review helpful. There is a saying, "There ain't no such thing ...By Nurcan Kozanli There is a saying, "There ain't no such thing as a free lunch". The low prices we pay for our food imply a cost that is taken from somewhere else. This book is an eye-opener and shows the human cost of mass agriculture.

One farmworker tells of the soil that would "bite" him, but that was the chemicals burning his skin. Others developed lupus, asthma, diabetes, kidney failure, or suffered myriad symptoms with no clear diagnosis. Some miscarried or had children with genetic defects, while others developed cancer. In *Fed Up*, Dale Slongwhite collects the nearly inconceivable and chilling oral histories of African American farmworkers whose lives, and the lives of their families, were forever altered by one of the most horrific pesticide exposure incidents in United States history. For decades, the farms around Lake Apopka, Florida's third largest lake, were sprayed with chemicals ranging from the now-banned DDT to toxaphene. Among the most productive farmland in America, the fields were doused with organochlorine pesticides, also known as persistent organic pollutants; the once-clear waters of the lake turned pea green; birds, alligators, and fish died at alarming rates; and still the farmworkers planted, harvested, packed, and shipped produce all over the country, enduring scorching sun, snakes, rats, injuries, substandard housing, low wages, and the endocrine disruptors that crop dusters dropped as they toiled. Eventually, state and federal dollars were allocated to buy out and close farms to attempt land restoration, water clean up, and wildlife rehabilitation. But the farmworkers became statistics, nameless casualties history almost forgot. Here are their stories, told in their own words.

"An at once illuminating and heart-wrenching collection of ten oral histories. . . . *Fed Up* brings to light the suffering and marginalization too often experienced by those who harvest the nation's produce." — *Environmental History*