

[Ebook pdf] Fearless at Work: Achieve Your Potential by Transforming Small Moments into Big Outcomes (Business Books)

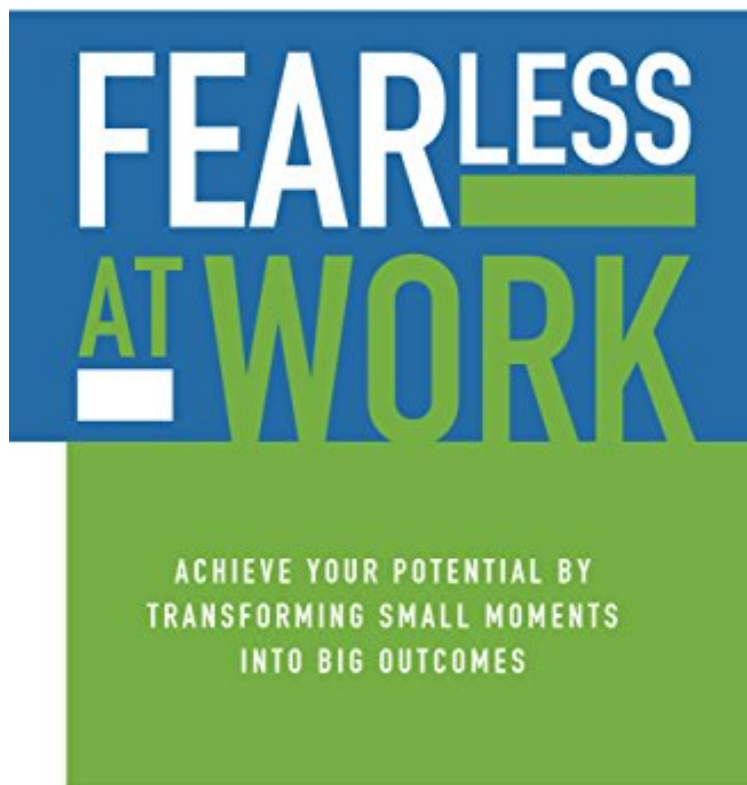
## Fearless at Work: Achieve Your Potential by Transforming Small Moments into Big Outcomes (Business Books)


*Molly Fletcher*


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"Molly Fletcher offers a guide to moving past your fear and trading habitual mindsets for new ways of thinking. This could be your year to be fearless at work—and in life!"

—DANIEL H. PINK, *New York Times* bestselling author of *To Sell Is Human* and *Drive*



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**Molly Fletcher : Fearless at Work: Achieve Your Potential by Transforming Small Moments into Big Outcomes (Business Books)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Fearless at Work: Achieve Your Potential by Transforming Small Moments into Big Outcomes (Business Books):

4 of 4 people found the following review helpful. CLASSIC 'FEEL THE FEAR, AND DO IT ANYWAY' STILL HOLDS TRUEBy Eddie Coyle;Someday is not a day of the week.;ndash; UnknownIt's been over 25 years

since Susan Jeffers wrote the classic self-help book, "Feel the Fear and Do It Anyway," and the message still remains as true today with Molly Fletcher's new book, "Fearless at Work." Fear can be our greatest motivator or our worst enemy. Molly Fletcher writes in a simple and relatable style -- and I am not a "sports guy" nor do I like sports anecdotes or metaphors -- however Molly Fletcher manages to relay tales from the sports world and her real experiences that did not cause me to cease reading. She is influenced and gives credit to the great motivational speaker/author Zig Zigler. If you have read motivational authors like Zigler, Wayne Dyer, Brian Tracy, Tony Robbins, then you will find Fearless at Work uplifting. No, she is not reinventing the wheel, she is using a literary framework and subject matter that continues to be debated and studied. What Molly Fletcher does bring to the table is her unique experience as a former sports agent and entrepreneur in a climate that, some feel, is still dominated by men. What you'll learn from her book: **How to grow by recognizing and valuing incremental progress. You must pay attention to and take advantage of those seemingly small opportunities life presents to you that will push you toward your purpose.** As Molly Fletcher states, "Purpose is the rocket programmed to reach your unique destination. Fearlessness is the fuel... If you don't have a clear purpose, you are more likely to sacrifice your time, energy, and resources to the desires of others and to stay in a place of passivity and fear." As you will learn from her book with personal anecdotes and examples, small changes to your thinking and actions over time will have a big impact on achieving your purpose. **"Trading" is an essential skill in "Fearless at Work." In psychology you would label this cognitive reframing.** Supplanting negative thoughts and emotions for positive ones. **Inspiration is relative and subjective. If you are in need of some quick motivation, are feeling uninspired, maybe in transition in your job or life, or just feeling stuck in idle gear, then you will find some of Molly Fletcher's advice useful. If not, dig deeper. This isn't Abraham Maslow or David C. McClelland or Martin Seligman for that matter, but it is Molly Fletcher's experience. In the final analysis, you have to do all the hard work and heavy lifting after you put down her book. One single book won't change your life. You will.** I personally have spoken and performed in front of large crowds, taken on jobs and projects that were over my head where I was out of my element, traveled to places and events that made me uncomfortable, and met celebrities and high-profile and successful people, and I was afraid of it all, but I found out that fear is good. It makes us alive. Your comfort zone is no place to hide because the years slip by. One of my favorite Carlos Casteneda quotes is: "All of us, whether or not we are warriors, have a cubic centimeter of chance that pops out in front of our eyes from time to time. The difference between an average man and a warrior is that the warrior is aware of this, and one of his tasks is to be alert, deliberately waiting, so that when his cubic centimeter pops out he has the necessary speed, the prowess, to pick it up." You can be fearless at work and beyond in your life, but fear is nothing to run from. Embrace it. And if you're not sure where to start, "Fearless at Work" is a single step in the right direction. **0 of 0 people found the following review helpful. Always a Welcome Tune Up for the Soul By Pie Grrr! For decades, I was held back by not Fear of Failure but the odder phenomenon of "Fear of Success". It took years and years of 3 times a week therapy for me to break that habit (and other things that held me back). But, as they say, "Use it or Lose It", so I like to keep tuning up my mental wellness but continuing to read self-help books like this one, if for no other reason than to make sure I'm on the right path. This was a very easy read and it was nice to touch base with positive thinking. Molly Fletcher has an engaging style of writing, taking a subject that can easily put one to sleep. I just sold my landscape business of 30 years and joined up with a company as their on-site landscape architect, so those old fears of my screwing up or overachieving were raising their ugly heads, again. This book squashed them into oblivion!** **0 of 0 people found the following review helpful. A Necessary Book to Re-motivate You! By J. Hauck Review of: "Fearless at Work: Achieve Your Potential by Transforming Small Moments into Big Outcomes Hardcover ndash; April 10, 2017," by Molly Fletcher. This is a very necessary book. I have read many self-help books dealing with leadership and human resources issues and this book delivers the goods by covering the issues why we hold ourselves back and why it is important to focus on outcomes without...(here it comes) fear! I enjoyed it as Molly's writing style is fluid and her choice of voice makes it seem as if she is speaking in your ear one on one. I liked it. Five stars!**

The winning game plan for channeling fear into world-class performance Fear comes in all forms, but one thing is always true: Fear is an obstacle to success. Every successful person has overcome fear. Hailed as "the female Jerry Maguire" by CNN, top sports agent-turned-entrepreneur Molly Fletcher knows all about performing under pressure. Talent, skill, and endurance may be necessary ingredients to athletic achievement, but Fletcher zeroes in on the one common trait that drives elite individuals and teams to unparalleled success: a winning, fearless mindset. Success isn't built in a day, so she guides you to recognize, seize, and shape the small moments that will make the greatest difference. Filled with play-by-play insights and field-tested strategies and anchored by inspiring stories from an all-star roster of sports and business leaders Fearless at Work shows you how to: **trade your self-defeating attitudes and self-imposed hurdles for a new outlook rooted in a sense of mission and purpose; defeat toxic thinking, push beyond your comfort zone, embrace new challenges, and achieve your stretch goals; prepare yourself to seize the moment when opportunity presents itself; harness the heightened alertness that comes with fear to drive positive outcomes; shrug off the fear of failure and not worry so much about what other people think, while gaining the confidence that comes from achieving meaningful change** It takes awareness, it takes work, and it

takes determination—but in the end, conquering your fear is a choice. It's your choice to become Fearless at Work.

From the Back Cover: Is fear holding you back from attaining cherished goals, drawing nearer to others, or being the best you can be? Molly Fletcher offers a guide to moving past your fear and trading habitual mindsets for new ways of thinking. This could be your year to be fearless at work and in life! Daniel H. Pink, New York Times bestselling author of *To Sell Is Human* and *Drive*: If you're ready to turn your dreams into reality, then *Fearless at Work* is the perfect blueprint. Bravo to Molly Fletcher! You are most definitely a Leader Worth Following! Duane Cummings, CEO of Leadercast: Like many, I have battled fear in life and work and found that the only effective antidote is to make a daily shift in my thinking from anxiety to anticipation. This book will help you make that transition, which is vital to success. Cheryl A. Bachelder, CEO of Popeyes Louisiana Kitchen, Inc., and author of *Dare to Serve*: Looking to make changes in your professional life? *Fearless at Work* is a book you will turn to again and again for life-changing advice. Carol Tome, CFO and EVP Corporate Services at The Home Depot: Molly Fletcher provides a fearless road map to help you navigate the fears and pitfalls that too often sabotage our success. Filled with lessons from some of the best and brightest leaders, *Fearless at Work* teaches us how to reframe our thinking and push through the fears that have been holding us back. Alison Levine, New York Times bestselling author of *On the Edge* and executive producer of *The Glass Ceiling*: A must-read. Molly Fletcher brings to life our choice: whether to live constrained by fear or to push beyond it. This book will teach you how to shift toxic thinking and trade old habits for a new mindset. Jim Loehr, EdD, cofounder of the Johnson Johnson Human Performance Institute: About the Author: A top sports agent with two decades of experience, Molly Fletcher represented some of the biggest names in sports, including Doc Rivers, Billy Donovan, Tom Izzo, John Smoltz, and Matt Kuchar. She is now a professional speaker and runs her own consulting firm in Atlanta, Georgia. A top sports agent with two decades of experience, Molly Fletcher represented some of the biggest names in sports, including Doc Rivers, Billy Donovan, Tom Izzo, John Smoltz, and Matt Kuchar. She is now a professional speaker and runs her own consulting firm in Atlanta, Georgia.