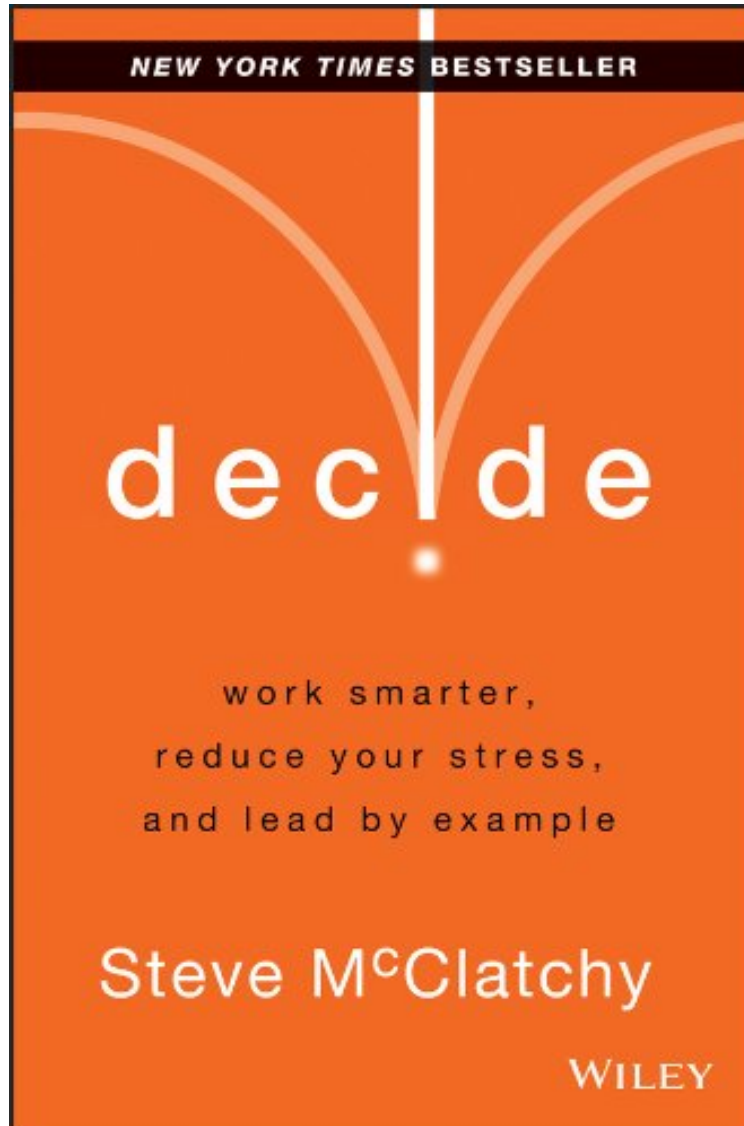


[Free] Decide: Work Smarter, Reduce Your Stress, and Lead by Example

## Decide: Work Smarter, Reduce Your Stress, and Lead by Example

*Steve McClatchy*

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**Steve McClatchy : Decide: Work Smarter, Reduce Your Stress, and Lead by Example** before purchasing it in order to gage whether or not it would be worth my time, and all praised Decide: Work Smarter, Reduce Your Stress, and Lead by Example:

0 of 0 people found the following review helpful. Excellent book and is BEST SPEAKER EVER in person!By Brian M.I am the CEO of a business and have referred Steve and his book to many business associates. If you own a business or manage people, you need to have him come speak as your next keynote. It is money well spent, I invested a lot of time and effort in choosing a speaker and Steve has been, hands down, the best. I have seen dozens of speakers in the last 25 years of owning my own business and his seminar is energetic, entertaining and engaging. His seminar

was the first time that I have not seen anyone nodding off or checking their cell phones! Steve's presentation is like a stand up comedy routine with insightful messages, his presentation is well thought out, well executed and engaging for his audience. Steve's book is excellent and helpful and offers quick and easy applications that can be used in everyday life. I read his book before seeing his time management and leading relationship seminars. The book and both presentations are excellent!! His message is fresh and nothing that you will ever hear from the other folks in the same business! I highly recommend Steve McClatchy's messages to anyone! 1 of 1 people found the following review helpful. Decide will help you live your life more deliberately. By Michael Hobert, .I purchased this book with high expectations and it delivered. This is a very compelling read with some life-changing perspectives; the ideas in this book will stay with you. I found something significant in each chapter. There is no fluff here. This book is worth your time. If you use the ideas in this book, you'll find you are living your life more deliberately, more purposefully. Get this book. Read this book. 0 of 0 people found the following review helpful. He read it in a couple days and really enjoyed the tips. By CustomerMy husband saw this author at a conference and bought the book. He read it in a couple days and really enjoyed the tips. He passed the book along to a friend to read. My husband is not a reader so that fact that he read this book daily tells me it was engaging.

How to make better decisions and achieve your goals What shapes a person's career and life, and defines them as a leader? Their decisions. We all want to be more productive and deliver our best results. But doing this effectively—and consistently over time—is a significant challenge. Managing it all is hard, and leading in today's hyper-paced world is even harder. The good news is that leadership expert Steve McClatchy makes it easier. In *Decide*, McClatchy—who works with Fortune 1000 people every day to help them achieve outstanding levels of performance—shows you how to cut through the complexities and excuses to start realizing real gains simply by changing one thing: the way you make decisions. With McClatchy's help, you can quickly begin to: Use the time you have each day to move your business and your life forward Make decisions that yield better results Waste less time, reduce stress and regain balance Again and again, McClatchy has helped people learn for themselves how great decision-making habits yield a lifetime of accomplishments. Follow McClatchy's no-nonsense and practical approach, and you'll soon manage—and even lead—at your highest level of personal performance.

Praise for *Decide* "Steve's approach is not only hugely engaging but its impact on motivation and productivity are immediate. His book is the next best thing to having Steve in the room. I highly recommend it!" —Christina Harper Elgarresta, Managing Director, Accenture "Decide delivers: If you're struggling to lead not just manage, if you're frustrated that your very best results are just beyond reach, or if you're simply at war with your calendar, Steve McClatchy's new book is for you. *Decide* is a rare fresh take at some of the thorny problems that block our best work. But don't just take my word for it. Get your own copy, and you'll soon be ordering copies for your team as well." —Marshall Goldsmith - America's preeminent executive coach (Fast Company magazine) "Decide puts personal power squarely where it belongs—in your hands. Follow Steve's advice, and you'll immediately see benefits that will change the way you plan, spend your time, and engage with others. To change your trajectory and start leading in all aspects of your life, all you have to do is *DECIDE*." —Mary Davis Holt Leadership coach, speaker and bestselling co-author of *Break Your Own Rules* "I have worked with Steve and I can say firsthand, his approach has had a profound impact on every level of our organization. His approach is deeply insightful and tremendously impactful. I highly recommend Steve, his approach and this book!" —Luc Robataille, President of Business Operations, Los Angeles Kings Hockey Club "In *Decide*, Steve McClatchy shows us that we can accomplish amazing things by aligning what we want to achieve with how we spend our time. Regardless of the industry or level of the reader, real benefits will be accomplished from Steve's advice — an immensely practical guide!" —Valerie Sutton, Director of Career Services, Harvard Graduate School of Education "As the late Professor Randy Pausch said, 'It's not how long you live, rather how well you live.' *Decide* shows how we can all live more meaningful, productive lives simply by practicing better decision-making. I invite you—and your team—to start regaining control over your time and efforts by reading this important book." —Navi Radjou Speaker, Advisor and Bestselling Author including *Jugaad Innovation* and *From Smart To Wise* "World-class leadership is about making inspired and enlightened choices. With fresh stories and advice, McClatchy drills down to this idea by recommending daily habits that leaders at every level can use to their immediate benefit. *DECIDE* is a very worthy read on a critical subject." —Douglas R. Conant, Chairman of Avon Products, Founder of Conant Leadership, and New York Times Bestselling Leadership Author, *TouchPoints* "Your success as a leader is as good as your decisions. McClatchy shows you how to make the decisions everyday that will keep your business and you moving forward." —Elizabeth Walker, Vice President, Global Talent Management, Campbell's Soup Company "If your intention is to gain from your life, and not just prevent the pain that often comes with it, then *Decide* is the book for you. Steve McClatchy reminds us that in order to achieve something of significance we have to focus on things that matter. His

new book is full of the practical wisdom that will enable you to end burnout and bring balance to your life—and to find a path worthy of being followed. I absolutely recommend this book.

—Jim Kouzes, coauthor of *The Leadership Challenge* and Executive Fellow of Leadership, Leavey School of Business, Santa Clara University

From the Inside Flap: What shapes a person's career and life, and defines them as a leader? Their decisions. We all want to be more productive and deliver our best results. But doing this effectively—and consistently over time—is a significant challenge. In *Decide*, author Steve McClatchy—who works with Fortune 1000 people every day to help them achieve outstanding levels of performance—shows you how to cut through the complexities and excuses to start realizing real gains simply by changing one thing: the way you make decisions. *Decide* takes you on a journey that will ultimately lead you to changing three simple things: the way you prioritize, the way you plan, and the way you execute the plan. You will better understand how your current reality and quality of life is a direct result of the way you do these three simple things. You'll also learn how to:

- Make better decisions to get better results
- Get more done in less time
- End e-mail addiction and stay focused
- Keep a two-minute interruption to two minutes
- Use procrastination to your advantage
- Get organized so you spend less time looking for what you need
- Plan in order to save time and reduce stress

*Decide* cuts through all the excuses, justifications, and rationalizations for failing to achieve your goals. It offers a no-nonsense, practical, and enduring roadmap to manage decisions in a way that allows enough time for goals to be achieved. It also provides the skills, ideas, and strategies necessary to overcome the challenges and complexities involved with achieving goals. Discover how great decision-making habits can yield a lifetime of accomplishments.

From the Back Cover: Praise for *Decide*

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