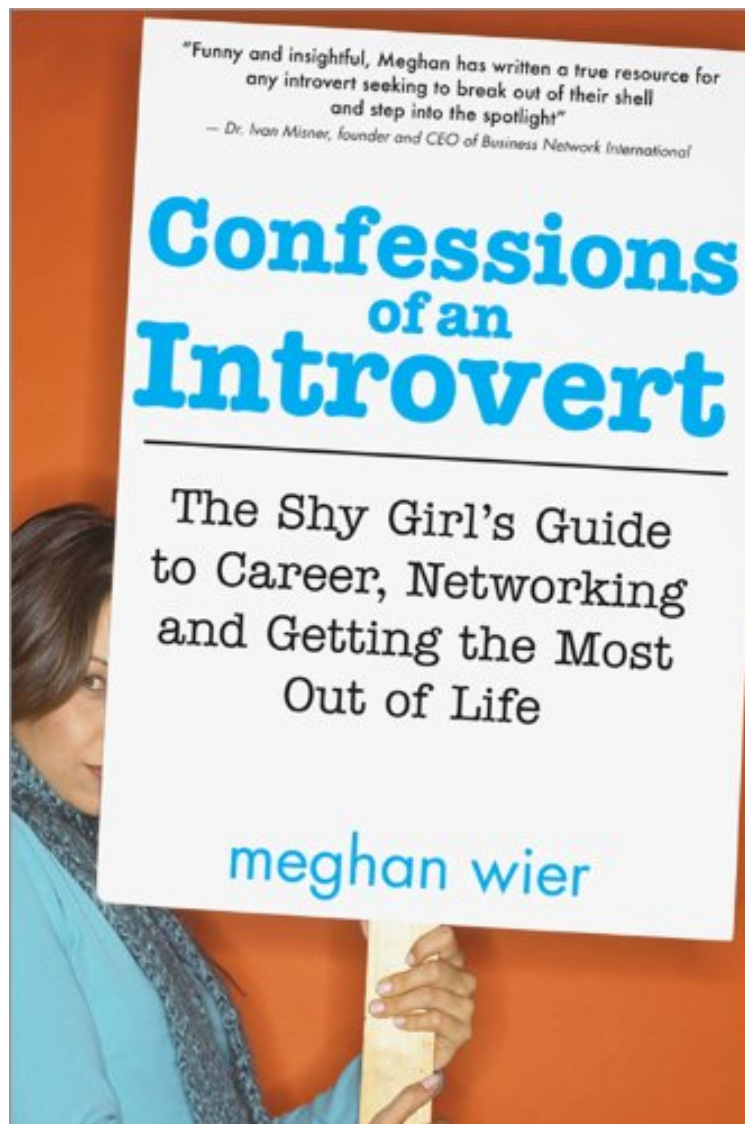


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Confessions of an Introvert: The Shy Girl's Guide to Career, Networking and Getting the Most Out of Life

Meghan Wier

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Meghan Wier : Confessions of an Introvert: The Shy Girl's Guide to Career, Networking and Getting the Most Out of Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Confessions of an Introvert: The Shy Girl's Guide to Career, Networking and Getting the Most Out of Life:

1 of 1 people found the following review helpful. Great personal perspective and really useful tipsBy G. PeelerI am in the center of the introvert/extrovert spectrum, but lean towards introvert. So there was much I could relate to in this

book. Meg does a great job of mixing her own personal experiences to her message. She is very open in sharing her own successes and failures. Since I know Meg personally, I felt she was just as real in this book as she is in every-day life. There is a genuineness that makes this a particularly drawing piece of work. She also does a great job of providing practical tactics to being more effective in a business setting. The book is written from the view of a true introvert, but people across the spectrum of personalities will find value in her insights and recommendations. I got the most out of the networking sections. She speaks to the mindset and approach, but also the strategies, tactics and methods to developing a great network. This is an easy read with great content, and I highly recommend it. 3 of 4 people found the following review helpful. Are You a Genuinely Shy Person? By Bruce McLellan Shy people are some of the most amazing people I've ever had the pleasure to meet. I've found my shy friends to on the whole be extremely detailed oriented and insightful in a way that I couldn't imagine. And further, it is easy for an outgoing person, such as myself, to start a conversation or present to a packed house. For someone who is genuinely shy, either would be an act of pure, unadulterated courage. Combine these attributes: detail-oriented, insightful, courageous, and many others and you'll find an apt business owner/professional. For a shy person such as the author, Meghan Weir, to write a meaningful and entertaining book about networking requires research and work in the trenches where it's uncomfortable and downright scary. This is clearly reflected in the text and speaks volumes to MS Weir's credibility, intelligence, and insight. For me this is groundbreaking work is for natural introverts (you know who you are!) who are driven to success in business and who are willing to summon the courage with a little support and advice. That support and advice is found here in the pages of this wonderful book. While both the shy and outgoing personae will discover a highly useful set of tools, the shy may use them to make opportunities that have previously seemed distant more accessible. Get this book. 2 of 3 people found the following review helpful. Fun and applicable stuff By Gina Herald Meg's book is a fun and easy read. I found it very engaging and at times felt like she was talking to me and had to smile. As a huge extrovert I am particularly interested in learning more about introverted personality types so that I can relate to them better both personally and professionally. Meg's book provides a good glimpse. Since I rely almost exclusively on referrals/networking to grow my business there were a lot of great nuggets. And as a business owner there were other very applicable topics.

"Funny and insightful, Meghan has written a true resource for any introvert seeking to break out of their shell and step into the spotlight." Dr. Ivan Misner, founder and CEO of Business Network International Are you an introvert who wants to succeed in the business world? Do you: Avoid unnecessary social interaction? Keep to yourself or to your small group of friends? Seek out time alone? Confessions of an Introvert offers you practical advice, interspersed with real-life stories, that will help you overcome your shyness and find ways to have a satisfying future in the corporate world. Packed with valuable insights and personal anecdotes, Confessions of an Introvert will teach you: Why business networking is the key to professional growth and how even the shyest person can learn how to network That a little self-promotion goes a long way in showing others how good a businessperson you are How to communicate with people in a way that is comfortable to you but still gets the results you need That being an introvert is just a part of who you are and not a serious roadblock to your success Confessions of an Introvert is a must-read for any introvert seeking to excel in business and get the most out of life. Meghan Wier is known for melding her professional style, keen business sense, and desire to share her work and life experiences with others. An introvert/forced-extrovert, her relationship-building savvy and strong marketing skills have made her a recognized expert in building through networking. Ms. Wier is an influential authority on business networking and marketing. From ForeWord Magazine (12/10/08): Networking is a big buzzword these days. People are joining networking Web sites and networking groups in the hopes of improving their career or social status, or simply expanding their social circle. Confessions of an Introvert: The Shy Girl's Guide to Career, Networking, and Getting the Most of Out Life helps women for whom networking and self-promotion don't come naturally. "[E]xtroverts gain energy from other people and introverts feel like they just get the energy sucked out of them by other people," author Meghan Wier writes. She is an expert on marketing and networking, and a self-proclaimed introvert. Wier insists that introverts can become charismatic speakers and great leaders. She helps readers along the way with sections on identifying sources of anxiety, building confidence in tough situations, becoming an expert in one's field, and organization. In order to make public speaking easier, she recommends that readers write down everything they dislike about speaking and why, then come up with actions that will offset each item.

From Publishers Weekly Introverts will find more niche marketing than useful guidance in this slapdash self-help. Weir's suggestions are bland, obvious, often irrelevant and sometimes plain juvenile; helpful exercises include filling out the chart, "What do I want out of my life?" and selecting words from the "I Am vs. I Will Be" columns. Weir's observation that we get paralyzed by our routines is viable, but the model of success she provides-breaking out of her black boot routine by buying a pair of platinum shoes-would be laughable if it weren't so unhelpful. Unfortunately, all of Weir's examples come from her own life, diminishing the authority and practicality of her work, and many of her solutions (like hiring someone to buy the groceries and organize her closet) involve throwing money at the problem,

hardly a viable solution for a reader still looking for her break. If, as she says repeatedly, Weir has such a wide circle of contacts, she probably should have used them to get some perspective-or at least some better anecdotes. Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Meghan has written a true resource for introverts seeking to break out of their shells and step into the spotlight." -- Dr. Ivan Misner, founder and CEO of Business Network International

From the Author
Confessions of an Introvert is my pleasure to share with the world of business people. I wrote this book not only for the introverted business woman, (as the name may imply)--but all business people. I think you will find my book to be informative and useful, and hopefully funny as well. Enjoy!